



October Newsletter

OUR ACTIVITIES DURING THE MONTH OF OCTOBER



October Newsletter – A Month of Heartfelt Connections & Community Action



AS THE GOLDEN HUES OF AUTUMN SETTLE IN, OCTOBER HAS BROUGHT A RENEWED ENERGY TO OUR TEAM AT THE LIMERICK BRANCH OF MUSLIM SISTERS OF ÉIRE. WE'RE DELIGHTED TO BE BACK DOING WHAT WE LOVE MOST—ORGANIZING MEANINGFUL EVENTS THAT STRENGTHEN, SUPPORT, AND UPLIFT OUR COMMUNITY.

hello
OCTOBER



Celebrating 15 Years of MSOE Dublin

WE BEGAN THE MONTH BY JOINING OUR HEAD OFFICE IN DUBLIN TO CELEBRATE THEIR INCREDIBLE 15-YEAR ANNIVERSARY. IT WAS AN HONOUR TO BE INVITED TO SPEAK ABOUT THE WORK WE'VE DONE IN LIMERICK SINCE JUNE 2024. WITNESSING THE IMPACT THE DUBLIN BRANCH HAS HAD—ESPECIALLY THEIR UNWAVERING SUPPORT FOR THE HOMELESS AND VULNERABLE—WAS DEEPLY INSPIRING. THEIR COMMITMENT TO SERVING ALL INDIVIDUALS WITH DIGNITY AND COMPASSION CONTINUES TO GUIDE OUR OWN EFFORTS.





Arts & Crafts at Dooradoyle Library – October 11

OUR FIRST EVENT OF THE MONTH WAS A JOYFUL ARTS AND CRAFTS SESSION FOR CHILDREN AGED 6+, HELD AT DOORADOYLE LIBRARY. LED BY THE GENTLE AND TALENTED KRISSIE SHAW, A CHILDREN AND YOUNG PEOPLE'S THERAPIST, THE SESSION BLENDED CREATIVITY WITH EMOTIONAL WELLNESS. EACH CHILD EXPLORED CRAFT AS A FORM OF THERAPY WHILE HAVING HEAPS OF FUN. THE EVENT WAS FULLY BOOKED, AND THE TURNOUT WAS OVERWHELMING! THE KIDS LOVED THE MULTI-STATION SETUP AND WERE THRILLED TO TAKE HOME THEIR CREATIONS IN GOODIE BAGS. WE CAN'T WAIT TO HOST MORE SESSIONS LIKE THIS IN THE FUTURE.

create

inspire





Health & Wellbeing Conference – October 14–15

***OUR TEAM ATTENDED A TWO-DAY HEALTH AND WELLBEING
CONFERENCE ORGANIZED BY LIMERICK CITY AND COUNTY COUNCIL.
HAVING OUR FOUNDER LORRAINE JOIN US MADE THE EXPERIENCE
EVEN MORE SPECIAL. THE CONFERENCE OFFERED RICH NETWORKING
OPPORTUNITIES, AND WE'RE EXCITED ABOUT THE POTENTIAL
COLLABORATIONS THAT LIE AHEAD.***





Peace Event with An Garda Síochána – October 17

TWO OF OUR REPRESENTATIVES PARTICIPATED IN A PEACE EVENT HOSTED BY AN GARDA SÍOCHÁNA AND THE MID-WEST MIGRANT NETWORK. THE GATHERING ADDRESSED THE RISE IN RACIAL ATTACKS AND THE THREATS THEY POSE TO OUR COMMUNITY. WE WERE GRATEFUL FOR THE OPPORTUNITY TO VOICE OUR CONCERNS, AND THE GARDA'S COMMITMENT TO ACTION GIVES US HOPE FOR A SAFER, MORE INCLUSIVE FUTURE.



TOGETHER FOR PEACE



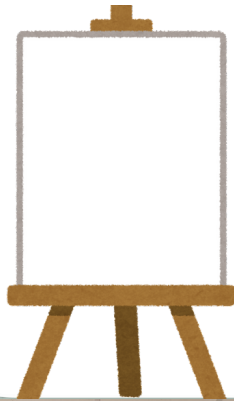
Story Flag Workshop with Ala Buisir – October 18

 **WE JOINED A POWERFUL FLAG PRINTING WORKSHOP LED BY DUBLIN-BASED PHOTOJOURNALIST ALA BUISIR. AS PART OF HER PHD RESEARCH, ALA INVITED MIGRANT GROUPS TO CREATE "STORY FLAGS" THAT CONNECT THEIR HERITAGE WITH THEIR LIVES IN IRELAND. PARTICIPANTS PRINTED MEANINGFUL IMAGES FROM HOME THAT RESONATED WITH THEIR JOURNEY HERE. THE WORKSHOP WAS A HIT WITH BOTH KIDS AND WOMEN, AND EVERYONE LEFT WITH A PERSONALIZED FLAG AND A FULL HEART.**



Autumn Sip & Paint with Sarah Shah (The Art Orbit) – October 23

OUR FINAL EVENT OF THE MONTH WAS A COZY, AUTUMN-THEMED SIP AND PAINT WORKSHOP LED BY THE EVER-TALENTED SARAH SHAH. SHE GUIDED US THROUGH A SEASONAL MASTERPIECE WITH EASE AND WARMTH, TEACHING TECHNIQUES THAT MADE EVERYONE FEEL LIKE AN ARTIST. FROM THE SNACKS TO THE DÉCOR TO THE AUTUMN-HUED DRESS CODE, THE EVENT WAS A VISUAL AND EMOTIONAL DELIGHT. ATTENDEES LEFT WITH BEAUTIFUL PAINTINGS—AND EVEN MORE BEAUTIFUL MEMORIES. THESE GATHERINGS ARE A BALM FOR BUSY MUMS, OFFERING FRIENDSHIP, CREATIVITY, AND A MOMENT TO BREATHE.



♥ Looking Ahead

AS YOU CAN SEE, OCTOBER HAS BEEN A VERY BUSY AND FULFILLING MONTH FOR OUR TEAM. WE'VE WORKED HARD TO ORGANIZE AND ATTEND EVENTS THAT SERVE, PROTECT, AND UPLIFT OUR COMMUNITY. YOUR SUPPORT MEANS THE WORLD TO US—IT'S WHAT KEEPS US GOING AND INSPIRES US TO DO EVEN MORE.



**thanks
for your
support**

Upcoming Events

🌿 November: Health & Wellness Morning for Ladies

A MORNING DEDICATED TO EDUCATION, EMPOWERMENT, AND HOLISTIC WELLBEING, LED BY PROFESSIONAL SPEAKERS.

📍 **DATE AND LOCATION TO BE CONFIRMED SOON.**

**WE HOPE TO SEE YOU THERE
AND CONTINUE BUILDING
THIS BEAUTIFUL COMMUNITY TOGETHER.**

**Warm regards,
The MSOE Limerick Team**

Contact Information

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TUESDAY AND THURSDAY'S 10:30AM-1:30PM

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